

## Risk Assessment - 1<sup>st</sup> Hoveton and Wroxham Sea Scouts

Name of activity, event and location	Tug of War	Date of Risk Assessment	09.02.25	Name of Person doing this risk assessment	Nigel Pope
		Date of next review	10.02.26		

What hazard have you identified? What are the risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
<b>Terrain</b> Injuries caused by unsuitable ground conditions.	All involved	<ol style="list-style-type: none"> <li>1. Activity area to be suitable for activity i.e. not restricted in length or width</li> <li>2. Activity area to be checked to trip hazards, e.g. roots, stumps, holes, rocks etc.</li> <li>3. Area to be firm and level.</li> <li>4. Appropriate clothing and footwear to be worn.</li> <li>5. Participants to remove rings, bracelets, watches before taking part</li> <li>6. Spectator areas/exclusion zones to be established and clearly marked out.</li> </ol>	
<b>Equipment Failure</b> Injuries resulting from failure of equipment i.e. rope	Participants, instructors.	<ol style="list-style-type: none"> <li>1. Rope to be checked for damage, excessive wear or signs of fraying and rejected if found to be in unsuitable condition.</li> <li>2. Pre-session checks must be carried out on all other equipment involved.</li> </ol>	
<b>Behaviour</b> Hazards arising from the actions of group member's i.e. overcrowding and disorderly behaviour.	All involved	<ol style="list-style-type: none"> <li>1. Authorized leaders to be in attendance throughout.</li> <li>2. Only two teams allowed in pulling area at any one time.</li> <li>3. Safe waiting area to be set up to avoid overcrowding.</li> <li>4. Groups to be briefed on standards of expected behaviour.</li> </ol>	
<b>Lack of supervision</b> Hazards arising from the	All involved	<ol style="list-style-type: none"> <li>1. Only qualified and authorized instructors to run sessions.</li> </ol>	

actions of the Instructor(s)			
<b>Weather</b> Injuries resulting from adverse weather conditions	All involved	1. Sessions to be cancelled in the event of adverse weather e.g. High winds, cross winds, heavy rain, sleet, snow or reduced visibility.	
<b>Activity in use</b> Slips, trips, falls, sprains, strains, rope burns.	All involved	1. Rope not to be tied around body 2. Rope not to be wrapped around neck. 3. Rope not to be deliberately released by teams causing opponents to fall. 4. Pulling only to commence on instructors signal. 5. Mixed gender teams allowed if mix is reflected in both teams 6. Team weights to be balance as much as possible 7. First Aider to be in attendance throughout.	