

Risk Assessment - 1st Hoveton and Wroxham Sea Scouts

Name of activity, event and location	Cycling away from HQ as a group. All sections.	Date of Risk Assessment	09.02.25	Name of Person doing this risk assessment	Nigel Pope
		Date of next review	10.02.26		

Hazard Identified? / Risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
Hazard: Bike may have faults Risk: mechanical failure at a dangerous moment leading to injury.	Cyclists	Equipment: Bike Maintenance Evening, run by a competent person (maybe an experienced parent or friend) before the trip. Bike checks before setting off on the trip. Daily checks if the trip is more than one day. Carry a puncture repair kit.	
Hazard: Collision with other traffic, Risk: Injury due to inexperience of road use and equipment.	Cyclists	Roads and Traffic: Instruction and training of riders PLUS careful supervision on the trip itself - Adults to remain vigilant during the ride. All cyclists wear High Visibility jackets/vests. Avoid cycling at night or dusk Compulsory and proper use of cycle helmets - all adults and young people must wear helmets Use dedicated Cycle Paths away from other traffic whenever possible	
Hazard: Riding as a group Risk: Potential for losing members	Cyclists	Ride in single file or pairs (according to the road) using Leaders at the front and back of the Group. Occasionally stop and have a head count – use a list or register. Leader at front will ensure that speed of the group is controlled and cyclists are not to forge ahead.	

		<p>Use a 'shepherd' at the rear of the group. Leaders carry whistles to signal that the group needs to stop and wait to ensure the group stays together.</p> <p>Have mobile phones available</p> <p>Group first aid kit to be carried and qualified first aider present.</p> <p>Ensure correct scouting ratio of adults to young persons</p>	
<p>Weather Conditions Hazard: weather conditions Heat / cold / wet</p> <p>Risk:</p> <p>Sunburn/Heatstroke/Hyperthermia</p>	Cyclists	<p>Ensure the correct clothing, including waterproofs are advised and carried on the day. Check before setting off.</p> <p>Ensure all cyclists carry personal drinks bottles and brake regularly for refreshment.</p>	
<p>Hazard: Dangerous / slippery road conditions due to rain or ice</p> <p>Risk: Falling off bikes. Collision with traffic resulting in injuries.</p>	Cyclists	<p>Check condition of tyres and brakes.</p> <p>Consider & control the speed of the group.</p> <p>Postpone the event or curtail event if conditions for cycling are not suitable if necessary.</p> <p>Carry first aid kit.</p>	